



Woodfield Primary School

PE Rationale

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Intent</p>	<p>At Woodfield Primary, we aim to inspire our children to develop a love of Physical Education to promote and encourage a healthy lifestyle. We want our children to develop a deep knowledge and a range of skills to sustain and enjoy a positive approach to exercise whilst at our school and in the future.</p> <p>We aim to provide children with as many enriching opportunities for PE and sport as possible and raise aspirations for all children in PE. We have a large proportion of disadvantaged children, many of whom do not have access to a wide range of sporting opportunities, so it is important to us that we provide these both within and outside of school hours.</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Implementation</p>	<p>All children at Woodfield Primary will benefit from a broad, deep and progressive PE curriculum using the Learning Academies Trust long term plan to guide our short-term planning. It has been devised by PE leads across the academy schools to ensure breadth of knowledge and expertise whilst covering all National Curriculum objectives. This provides a 'spiral curriculum' where skills and knowledge are revisited. Each half term, there are two focuses for each year group. Children receive 2 hours of PE each week, which comprise of Real PE, games, dance, gym or athletics. For each unit there are a series of 'I can' progression statements that guide a unit of work.</p> <p>In the Early Years, our children will start to develop the fundamentals of movement through continuous provision. They will develop their fine and gross motor skills through a range of child initiated and or adult led activities. In the Summer term, children participate in Real PE lessons. This enables the children to continue to develop their physical literacy whilst embedding the fundamental skills.</p> <p>In Key Stage 1 the focus of PE is around children being competent to move using the fundamental movement skills (jog, sprint, jump, hop, weight on hands, balance & coordination). Real PE is used to support lessons and children have access to a class set of balance bikes for their balance unit. Furthermore, children learn how the body changes during exercise.</p> <p>In KS2, P.E becomes both broad and deep. Children build upon the key skills taught in KS1 putting these skills into game formats. Across KS2, children play competitive games, modified where appropriate [for example, tennis, basketball, cricket, football, hockey, netball and rounders], and apply basic principles suitable for attacking and defending. Children take part in swimming in year 4 at the Plymouth life centre where they are taught by a swimming teacher to swim competently, confidently and proficiently over a distance of at least 25 metres and perform safe self-rescue in different water-based situations. In year 5, pupils partake in Bikeability, where they learn to cycle, gaining independence, social skills and a sense of wellbeing.</p> <p>All children are able to access the curriculum through adaptive teaching. Lessons are structured so that children can be supported and challenged retrospectively.</p> <p>To complement our PE lessons, we value the importance of offering a wide range of extra-curricular lunchtime and after school clubs. This enables the children at Woodfield Primary to develop their knowledge, understanding and performance in P.E through.</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Impact</p>	<p>Through in-depth planning, high quality teaching and assessment of PE, children will develop a broad range of fundamental skills and will use these in a variety of activities. Children will understand how the human body works and will hopefully, find a physical activity that they enjoy and can pursue when they leave Woodfield at the end of Year 6. PE is assessed during each session by the class teacher using Assessment for Learning strategies which is then recorded termly using the RealPE assessment wheels. Children complete a reflection about the knowledge and skills that they have learnt at the end of each PE lesson. These assessments are monitored by the PE lead.</p> <p>Swimming is assessed against the 3 national curriculum key indicators when children are in Year 4.</p>