



Woodfield Primary School PSHE Rationale

Intent

Here at Woodfield, PSHE is seen as a vital part of our curriculum to promote pupil's health and wellbeing as well as supporting pupils communication and language skills and emotional and mental health needs.

We use the Jigsaw PSHE programme to connect the pieces of Personal, Social and Health Education, emotional literacy, social skills and spiritual development. We aim to prepare children for life, helping them to really know and value who they truly are and understand how they relate to other people in this ever-changing world.

At Woodfield, we develop qualities and attributes that our children need to thrive as individuals, family members and members of society.

Our overarching aim is to provide pupils with:

- The relevant knowledge as appropriate to their age
- Opportunities to enhance their personal knowledge and understanding
- Opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- The language, skills and strategies they need in order to live a healthy, safe, fulfilling, responsible and balanced life.

We therefore aim to provide a cohesive, progressive PSHE curriculum which prepares our children to become happy, well-rounded and successful citizens in today's society.

Implementation

Implementation

Jigsaw has been implemented as a whole-school approach. Jigsaw provides a structured, balanced, progressive, detailed and comprehensive scheme of learning for all ages the primary age range. The Jigsaw scheme meets all the outcomes of the statutory RHE curriculum. The Jigsaw programme of learning is based on six core themes and a series of sessions are taught on each, for every age group, throughout the academic year:

- Being me in my school/world (Term 1)
- Celebrating Difference (Term 2)
- Dreams and Goals (Term 3)
- Healthy Me (Term 4)
- Relationships (Term 5)
- Changing Me (Term 6)

The Jigsaw scheme structure, provides and ensures consistency of learning and progressive skills throughout the school. PSHE is taught on a regular basis through weekly lessons. Activities encourage and enable the children to share or record their own thoughts, feelings and ideas during the sessions.

	<p>Relationships, and Health Education (RHE) sessions are delivered that is age and developmentally appropriate and sensitive to the needs and religious background of the children.</p> <p>The RHE curriculum covers issues such as:</p> <ul style="list-style-type: none"> • Recognising feelings and emotions • Roles of families and friends in caring for each other • Self-esteem, confidence and valuing ourselves and others • Differences and similarities between girls and boys and challenging stereotypes • Making good choices and resisting pressure • Growing and changing <p>Woodfield Primary School and Nursery, uses the Dojo reward system, which is linked to the school's core values; Courage, Respect, Responsibility, Peace, Aspirations, Compassion, Co-operation, Determination, Self-awareness, Honesty, Self -confidence and Independence. This supports children, outside of PSHE lessons to develop and practise their learning and skills regularly throughout the year.</p> <p>Alongside our PSHE curriculum, children at Woodfield learn to manage their emotional well-being through using Emotional Logic, which has become the major driver in our behaviour management. The children are trained to identify their emotional needs and learn a series of strategies to deal with them.</p>
Impact	<p>PSHE is monitored and assessed through the children's written and verbal contributions where children have the opportunity to recall their understanding, communicate ideas and expand giving examples. The last lesson in each unit has an assessment focus to follow. The children's knowledge and understanding of the key concepts are also assessed during each lesson using a range of Assessment for Learning techniques such as low stakes quizzing, knowledge captures and self-reflection to allow teachers to identify any gaps or misconceptions and address and build on these in subsequent sessions ensuring the children know more, understand more and can do more.</p>